Workshops and online Training

For Project Professionals

Information Technology Specialist

Executives and Managers

The opportunity to grow beyond your job description responsibilities are numerous. Our programs expand Your professional path by enhancing your technical and strategic skills in the workplace.

2018 Courses primarily covers:

- Project Management
- Agile
- Portfolio and Program Management
- Quality Management
- IT services Architecture
- Leadership Training
- Leadership Couching

Empower
شركة إمباور

EMpower Workshop Calendar 2018

EMpower شركة إمبور

April

Project Management Professional (PMP)
From 1 to 7 April

Six Sigma Green Built
From 8 to 12 April

Change Management
From 15 to 17 April

Program Management Professional (PgMP)
From 22 to 26 April

PMP Exam Preparation
Starts at 29 April and lasts for two months

Project Management Professional (PMP)
From 29 April to 5 May, Jeddah

May

Strategic Management & KPIs
From 6 to 9 May

Project Risk Management
From 13 to 16 May

Professional in Business Analysis (PMI-PBA)
From 20 to 23 May

Project Management Fundamentals
May 27

June

The Project Management Professional (PMP)
From 17 to 23 June, 2018

August

Six Sigma Green Built
From 5 to 9 Aug, 2018

Septmper

Project Management Professional (PMP)
From 2 to 8 Sep

Certified Associate in Project Management (CAPM)
From 23 to 26 Sep

Portfolio Management Professional (PfMP)
From 9 to 13 Sep

PMP Exam Preparation
Starts at 16 Sep and lasts for two months

The Project Management Professional (PMP)
From 30 Sep to 6 Oct, Khobar

October

Change Management
From 21 to 23 Oct

PMI Agile Certified Practitioner (PMI-ACP)
From 28 to 31 Oct

November

Project Management Fundamentals
Nov 4

Project Management Professional (PMP)
From 11 to 17 Nov

Managing Projects using Microsoft Project
From 14 to 16 Nov

Project Risk Management
From 18 to 21 Nov

Professional in Business Analysis (PMI-PBA)
From 25 to 28 Nov

December

Strategic Management & KPIs
From 9 to 12 Dec

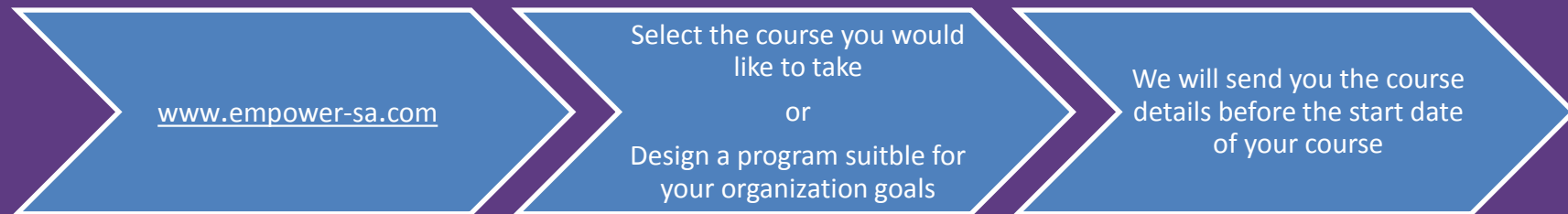# EMpower 2018 classroom and online training programs

Got a lot of questions in managing projects, strategies, goals and computer systems?
When it comes to outstanding performance in the workplace, EMpower provides different flexible class rooms and online training courses with professional consultants who guides you to acquire the right knowledge and skills that aligns with your organization goals and objectives.

Our offers:

- The content of the courses
- Consultants experience and guidance
- A well-mapped career and qualification path

How can you sign for one of our courses

www.empower-sa.com

Select the course you would like to take

or

Design a program suitble for your organization goals

We will send you the course details before the start date of your course

Project Management Fundamentals

In this program, you will learn the fundamentals of project management: how to initiate, plan, and execute a project that meets objectives and satisfies stakeholders

Course Topics

- Project Management Overview
- Project Management Process Groups
- Integrated Initiation and Planning
- Project requirement and defining scope
- Monitoring and Controlling Project Scope
- Developing and Controlling the Project Schedule
- Planning Project Costs

- Plan Quality Management
- Managing Project Human Resources
- Plan and Manage Project Communications
- Risk Management Planning
- Managing Procurements
- Project Stakeholder Management

Course duration
1 day

Project Management Essentials

This program will identify generally recognized practices in project management. In addition, advising you and guiding you through applying them in different levels.

Course Topics

- Basic concepts and terminology of professional project management
- launch a project
- Estimate project work
- Create a project schedule
- Plan project costs
- Plan for project risks
- Plan for project quality and compliance
- Manage human resources
- Manage project procurements.

- Plan for change management and monitor the project scope.
- Monitor and optimize project schedule and cost.
- Monitor quality of project work and the risks involved.
- Plan communication strategy and manage stockholder relationships
- Perform project closure

Course duration
3 days

Project Management Professional (PMP)®

The Project Management Professional (PMP)® is the most important industry-recognized certification for project managers, provide the ability to work globally in any industry, any methodology and any location.

Course Topics

- Project Management Framework
- Project Management Processes
- Project Integration Management
- Project Scope Management
- Project Time Management
- Project Cost Management
- Project Quality Management

- Project Human Resources Management
- Project Communications Management
- Project Risk Management
- Project Procurement Management
- Project Stakeholder Management
- Process Group View
- Professional and Social Responsibility

Course duration
6 days
PMI PDUs
35 PDUs

Certified Associate in Project Management (CAPM)®

The Certified Associate in Project Management (CAPM)® is an asset that will distinguish you in the job market and enhance your credibility and effectiveness working on — or with project teams.

Course Topics

- Project Management and Processes in Context
- Project Integration Management
- Project Scope Management
- Project Time Management
- Project Cost Management

- Project Quality Management
- Project Human Resource Management
- Project Communication Management
- Project Risk Management
- Project Procurement Management
- Project Stakeholder Management

Course duration
4 days
PMI PDUs
23 PDUs

Microsoft Project

Microsoft project is a software tool that help managers understand and control project schedules, communicate project information, and organize work and people to complete the project on schedule.

Course Topics

- Creating a project plan
- Managing and configuring tasks in Project
- Understanding and managing resources
- Integrating data with other Microsoft applications
- Tracking costs
- Viewing project information visually

Course duration
3 days
PMI PDUs
15 PDUs

Change Management

This Change Management program aims to accurately prepare employees of all levels and departments for change, in a way that produce positive outcomes.

Course Topics

- Change management concept.
- The benefits of change management.
- Change resistance causes.
- Organizations strategies toward change management
- Change management relation with strategic management.
- Relationship to Project Management
- The successful change management skills.
- Stakeholder management and communication plans.
- Types of Organizational Change

- Organizational Change and Individual Change
- Change Management Roles and Responsibilities
- Organizational Alignment and Change Management
- Change Management Process
- Reinforcement of the changes
- Project Stakeholder Management

Course duration
3 days

Portfolio Management Professional (PfMP)®

The Portfolio Management Professional (PfMP)® signifies your advanced competency in the coordinated management of one or more portfolios to achieve strategic objectives.

Course Topics

- Portfolio management process groups
- Portfolio strategic management
- Portfolio governance management
- Portfolio performance management
- Portfolio communication management
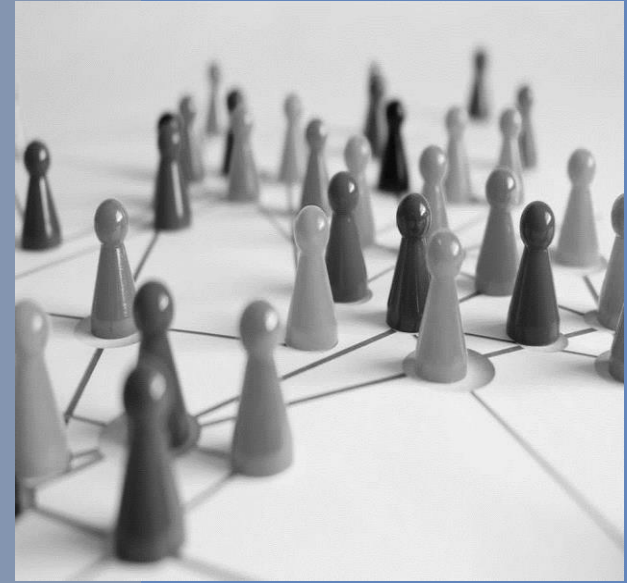- Portfolio risk management

Course duration
5 days
PMI PDUs
30 PDUS

Strategic Management & KPIs

Provide knowledge in developing the strategy of the organization and planning your business by using a strategic framework, and defining Key Performance Indicators (KPIs) for managers that reflect the strategic performance of an organization.

Course Topics

- Strategy horizons
- External and Internal analysis
- Setting objectives and initiatives
- Business plan
- Strategy communication

- Monitoring and managing progress against objectives and (KPIs)
- Using the Balanced Scorecard and other models to manage (KPIs)
- Defining objectives and KPIs that will drive performance, through practical exercises
- KPIs influence on individual performance

Course duration
4 days

PMI Agile Certified Practitioner (PMI-ACP) ®

The PMI Agile Certified Practitioner (PMI-ACP) ® formally recognizes your knowledge of agile principles and your skill with agile techniques.

Course Topics

- Agile project communications
- Agile Planning, Monitoring and Adopting
- Agile Estimation
- Agile analysis and design
- Product Quality
- Soft skills negotiation
- Value-based prioritization

- Risk management
- Agile Metrics
- Agile Value stream analysis
- Agile Knowledge and Skills (Level-1)
- Agile Knowledge and Skills (Level-2)
- Agile Knowledge and Skills (Level-3)

Course duration
4 days
PMI PDUs
28 PDUS

Risk Management (PMI-RMP)® Professional

PMI Risk Management Professional (PMI-RMP)® program aims to enable participants to plan, manage and control project risks. Moreover, participants will be able to develop a project risk management plan and identify project risks related to the project's constraints such as: scope, schedule and resources.

Course Topics

- Foundations of risks.
- Planning for risk management and identifying risks
- Identifying Scope risks
- Identifying schedule risks
- Identifying resources risks
- Analyzing and prioritizing risk
- Planning responses to risk
- Executing risk strategy, evaluation and update

Course duration
4 days
PMI PDUs
30 PDUs

Professional in Business Analysis (PMI-PBA) ®

Professional in Business Analysis (PMI-PBA) ® is a certification which greatly validates a business analyst's skill set and technical expertise.

Course Topics

- Introduction to Business Analysis
- Needs Assessment
- Planning
- Analysis
- Traceability and Monitoring
- Evaluation

Course duration
4 days
PMI PDUs
30 PDUs

Six Sigma Green Belt

The Six Sigma Green Belt, analyzes and solves quality problems and is involved in quality improvement projects.

Course Topics

- Defining a Six Sigma project
- statistical tests to improve processes
- Use basic Six Sigma tools and software for project definition and process baseline
- Create charts, process maps, and control plans needed to complete a Six Sigma project

Course duration
5 days
PMI PDUs
30 PDUs

Six Sigma (Lean fundamentals)

A program for running an organization that supports the concept of continues improvement, a long-term approach to work that systematically seeks to achieve small, incremental changes in processes to improve efficiency and quality.

Course Topics

- Overview of the Lean Initiative
- Incorporating Lean & Six Sigma
- Muda (or Waste) Eradication
- Value Stream Mapping (Present and Prospective State)
- How to Conduct a Lean Vision Events (or Kaizen Events)
- Flow, TAKT Time and PITCH Applications

- Replenishment Pull methods vs. Traditional "Push"
- Kanban or Visual Signaling
- Goldratt's "Theory of Constraints"
- 5S and Visual Control
- Poka Yoke (Error Proofing)
- Program Synopsis

Course duration
4 days

ITIL® Intermediate Service Life Cycle

ITIL® Intermediate Service Life Cycle presents modules for those intending to focus on the process and practice elements used, and the management capabilities needed to deliver quality Service management practices.

Course Topics	Duration
• Service Strategy (SS)	4 days
• Service Design (SD)	4 days
• Service Transition (ST)	4 days
• Service Operation (SO)	4 days
• Continual Service Improvement (CSI)	4 days

ITIL® Intermediate Service Capability

ITIL® Intermediate Service Capability presents modules to those who are looking to gain specialized, knowledge in one or more processes, with focus on the day-to-day execution of ITIL practices and how they interact.

Course Topics	Duration
• Operational Support and Analysis (OSA)	5 days
• Planning, Protection and Optimization (PPO)	5 days
• Release, Control and Validation (RCV)	5 days
• Service Offerings and Agreements (SOA)	5 days

ITIL® Expert certification

The ITIL® Expert level certification is aimed for those who are interested in demonstrating knowledge of the ITIL scheme in its entirety. The certificate is awarded to candidates who have achieved a range of ITIL certifications and have achieved a well-rounded, superior knowledge and skills base in ITIL best practices.

Course duration
5 days
PMI PDUs
16 PDUs

Course Topics

- Key concepts of the service lifecycle
- Integrating service management processes across the service lifecycle
- Managing service across the lifecycle
- Governance, roles, people, competence, and the organization
- Measurement
- Implementing and improving service management capabilities

PMP Exam Preparation

Providing the experience and education required to pass PMP® examination.

Course Topics

- Project Management Framework
- Project Management Processes
- Project Integration Management
- Project Scope Management
- Project Time Management
- Project Cost Management
- Project Quality Management

- Project Human Resources Management
- Project Communications Management
- Project Risk Management
- Project Procurement Management
- Project Stakeholder Management
- Process Group View
- Professional and Social Responsibility

Course duration
7 meetings in 2 months
PMI PDUs
35 PDUs

Program Management Professional (PgMP)®

The Program Management Professional (PgMP)® credential from Project Management Institute (PMI)® is the next step after Project Management Professional (PMP)® Certification, addresses the community of professionals who are responsible for the coordinated management of multiple projects that are in alignment with organizational objectives.

Course Topics

- Defining program management
- Program Management Performance Domains
- Program Strategy Alignment
- Program Benefits Management
- Program Stakeholder Engagement
- Program Governance

Course duration
5 days
PMI PDUs
27 PDUs

PRINCE2® Foundation Certification

This Foundation certificates aims to confirm that you know and understand the PRINCE2 method well enough to be able to work effectively with, or as a member of, a project management team working within an environment supporting PRINCE2(Projects IN Controlled Environments).
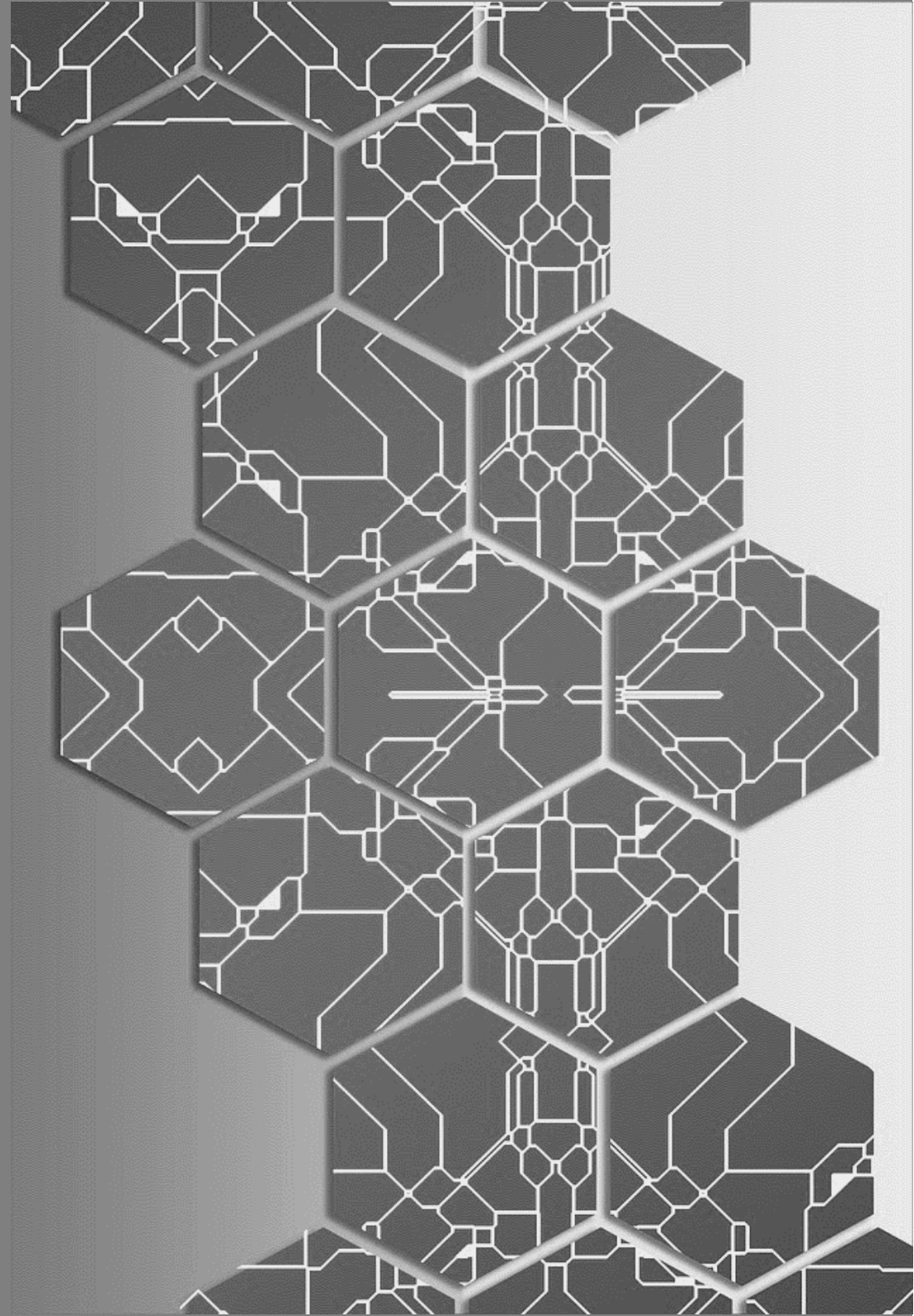
Course Topics

- Introduction to Projects and the PRINCE2® methodology
- The seven themes
    - Business case theme
    - Risk theme
    - Quality theme
    - Organization theme
    - Plans theme
    - Change theme
    - Progress theme

Course duration
4 days

Online Training Courses

Online (Project Management Courses)

PMP® Certification

- 35 hours of instructor-led training
- 29 hours of high-quality e-learning content
- 8 industry case studies, 20 industry-based scenarios
- 6 hands-on projects, 7 simulation test papers (200 question search)
- 35 contact hours/PDUs
- 100% Money back guarantee

PMP +

- 3-year course access
- Access to one live online class
- Earn 60+ PDU's
- Money back guarantee

Certified Business Analysis Professional (CBAP®) Certification Training

- 32 hours of instructor-led training/ 24 hours of e-learning content
- Two Simulation exams aligned to IIBA and four practice exams
- 11 case studies & 12 end-of-chapter quizzes
- Aligned to BABOK® Guide Version 3
- 35 IIBA PDEs offered
- 25 PMI PDUs offered

PRINCE2® Foundation Certification Training

- 32 hours of high quality e-learning content
- 2 PRINCE2 Simulation Test Papers and 7 Scenarios
- 156 Lesson end quizzes and 21 downloadable slides
- 26 Process Templates and 1 Process Model
- 2 Axelos Sample Papers and 1 Exam preparation guide
- PRINCE2® Foundation exam fee included

PRINCE2® Foundation and Practitioner Certification Training

- 32 hours of instructor-led training
- 21 end-of-chapter quizzes & two simulation exams
- 1 comprehensive industry case study and 7 real-world industry examples
- PRINCE2® Foundation and Practitioner exam fee included
- 24x7 support for hassle-free learning

Project Management Expert

- 365 days course access
- Access to 160+ live instructor-led online classes
- Experience Certificate
- Get hands on with industry specific projects
- Masters Certification
- Earn master's certification on completion

CCBA® Certification Training

- 16.5 hours of high quality e-learning content
- 6 case studies
- 3 simulation tests
- Courseware aligned to IIBA's 2016 CCBA release
- 22 PDUs offered

CAPM® Certification Training

- 9 hours of high quality e-learning content
- 12 end-of-chapter quizzes
- 2 CAPM® simulation exams
- Scenarios and case studies included
- Course completion certificate
- 23 PDUs offered

PMI-PgMP® Certification Training

- 11 hours of high quality e-learning content
- 1 PgMP® simulation exam
- 11 end-of-chapter quizzes
- 27 PDUs offered

PMI-RMP® Certification Training

- 13 hours of high quality e-learning content
- 68 chapter-end quizzes
- 3 RMP® simulation exams
- Downloadable e-book
- Course completion certificate
- 32 PDUs offered

Online (Agile and scrum Courses)

Certified ScrumMaster® (CSM) Certification Training

CSPO Certification Training

Professional Scrum Product Owner (PSPO) Certification Training course

Professional Scrum Developer (PSD) Certification Training course

Professional Scrum Master (PSM) Certification Training course

JIRA Project Module Training

Certified Scrum Developer(CSD) Certification Training

Leading SAFe® (Scaled Agile Framework): SAFe® Agilist Certification Training

ICAgile Certified Professional-Agile Testing (ICP-TST) Certification Training course

Kanban Management Professional-1 (KMP-1) Kanban System Design

Introduction to Kanban Management Professional-2 (KMP-2)

Introduction to TKP (Team Kanban Practitioner) Online Certification Course

ICP-ACC (ICAgile Certified Agile Coaching) Certification Training Course

- Blended learning delivery model (self-paced e-learning and/or instructor-led options)
- Course, category, and all-access pricing
- Enterprise-class learning management system (LMS)
- Enhanced reporting for individuals and teams
- 24x7 teaching assistance and support

Agile Scrum Master (ASM®) Certification Training

- 20 hours of instructor-led training
- 7 hours of high-quality e-learning content
- 3 live Scrum games / 7 scenario-based Scrum games
- 2 live projects and case studies.
- Exam fee included
- 19 PDUs self-paced learning / 24 PDUs instructor-led training

PMI-ACP® (Agile Certified Practitioner) Training

- 24 hours of instructor-led training
- 25 hours of high quality e-learning content
- 1 industry case study and 61 real life examples
- 102 end-of-chapter quizzes & 4 simulation exams
- 26 PDUs self-paced learning / 28 PDUs instructor-led training

Agile and Scrum Foundation Certification Training

- 5 hours of high quality e-learning content
- 8 chapter-end quizzes
- 6 PDUs offered
- 2 Agile & Scrum interactive scenarios
- Courseware approved by EXIN Agile Scrum
- Agile Scrum Foundation exam fee included (except Japan & India)

Online (IT services and Architecture Courses)

ITIL Basics: Beginners Guide to ITIL
- 9 hours of high-quality e-learning content
- 7 real world examples
- 27 end of chapter quizzes
- Question bank of 40 questions
- 1 simulation exam
- Course completion certificate

ITIL® Foundation Certification Training
- 16 hours of instructor-led training
- 24 hours of self-paced learning
- 5 industry case studies and 7 real-world examples
- 50 end of chapter quizzes & 4 simulation exams
- 19 PDUs self-paced learning / 22 PDUs instructor-led training
- 24x7 support for hassle-free learning

TOGAF 9 Training
(Combined Level 1 & 2)
- 32 hours of instructor-led training
- 21.5 hours of self-paced learning
- TOGAF word puzzle & reference card
- Open Group accredited course
- 134 end of chapter quizzes & 3 practice test papers
- Exam fee included

ITIL Capability Expert Program
ITIL Lifecycle Expert Program
- 365 days course access
- Access to 20+ live instructor led online classes
- Master Certification
- Become ITIL Capability Expert
- Get certified in ITIL intermediates

ITIL® Intermediate SO Certification Training
- 9 hours of self-paced learning
- 10 end of chapter quizzes
- 2 sample test papers
- Exam fee included
- 17 contact hours/PDUs

ITIL® Intermediate CSI Certification Training
- 9 hours of self-paced learning
- 10 end of chapter quizzes
- 2 sample test papers
- Exam fee included
- 15 PDUs offered

ITIL® Intermediate OSA Certification Training
- 10.5 hours of self-paced learning
- 10 end of chapter quizzes
- 2 sample test papers
- Exam fee included
- 15 PDUs offered

ITIL® Intermediate PPO Certification Training
- 8 hours of self-paced learning
- 10 end of chapter quizzes
- 2 sample test papers
- Exam fee included
- 16 PDUs offered

ITIL® Intermediate RCV Certification Training
- 14.5 hours of self-paced learning
- 10 end of chapter quizzes
- 2 sample test papers
- Exam fee included
- 21 PDUs offered

IT Service Expert Program
- 365 days course access
- Access to 20+ live instructor led online classes
- Become ITIL Expert
- Get certified in ITIL intermediates
- Master Certification
- Earn master certification on completion

Online (Quality Management Courses)

Lean Six Sigma Green Belt Certification Training
- 40 hours of instructor-led training
- 27 hours of high quality e-learning content
- 4 real life projects
- 4 simulation test papers
- Aligned to IASSC, ASQ
- 33 PDUs offered

Minitab Training
- 8 hours of high-quality e-learning content
- 9 case studies in Manufacturing, Healthcare, IT & IT services
- 1 practice test
- Course completion certificate
- 4 PDUs offered

Lean Six Sigma Black Belt Certification Training
- 21 hours of high-quality e-learning content
- 6 chapter-end quizzes
- 3 Lean Six Sigma Black Belt simulation exams
- Course completion certificate
- IASSC exam fee not included
- 35 PDUs offered

Lean Six Sigma Expert
- 10 Simulation exams,9 Case Studies
- Gain confidence to ace the certification exams!
- 4 Industry-specific projects
- Acquire hands-on knowledge and expertise!
- Become an expert in Lean Six Sigma
- Start from the basics and reach advanced levels

Lean Management Certification Training
- 5 hours of high-quality e-learning content
- 9 chapter-end quizzes
- 3 Lean Management simulation exams
- Downloadable e-book
- Course completion certificate

Lean Six Sigma Application in Information Technology
- 4 hours of high-quality e-learning content
- 76 end-of-chapter quizzes
- Case studies and relevant examples
- Downloadable e-book included
- Course completion certificate
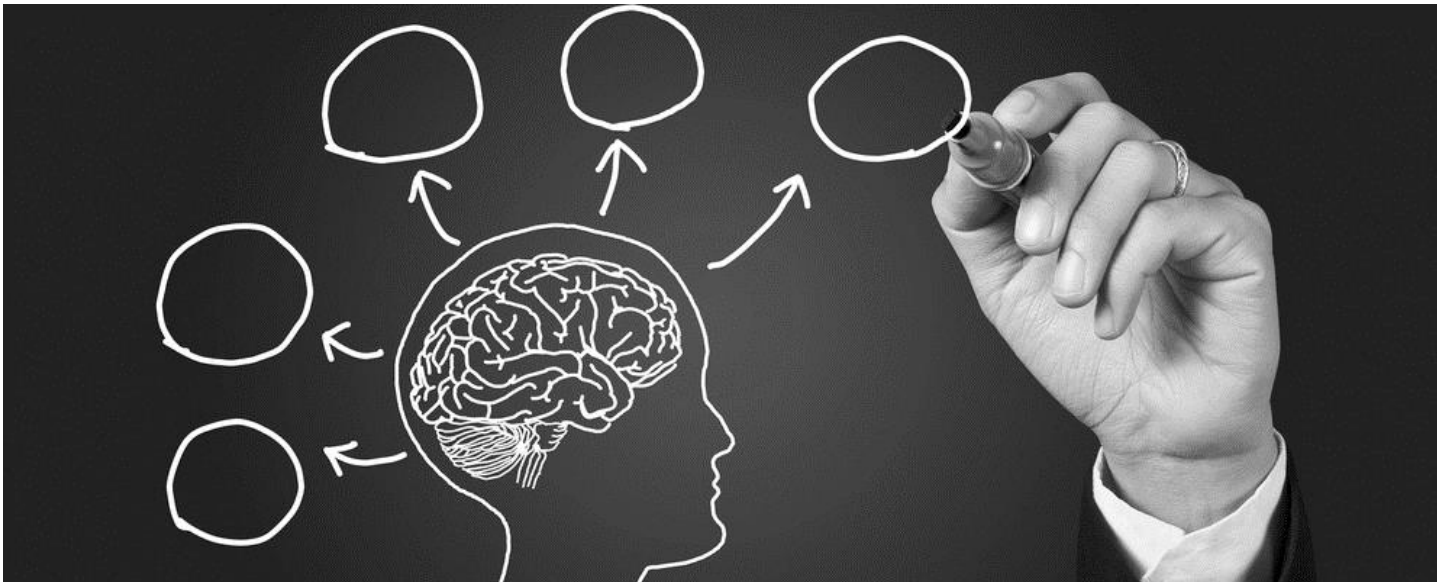- 16 PDUs offered

Lean Six Sigma in Healthcare
- Online 4 hours of high-quality e-learning content
- 24 end-of-chapter quizzes
- Case studies and relevant examples
- Downloadable e-book included
- Course completion certificate
- 4 PDUs offered

Lean Six Sigma in Healthcare
- Online 4 hours of high-quality e-learning content
- 24 end-of-chapter quizzes
- Case studies and relevant examples
- Downloadable e-book included
- Course completion certificate
- 4 PDUs offered

We provide other courses in Digital fields such as
- Data Science
- Cloud computing
- Cyber Security

Psychometric Assessments

The ETS WorkFORCE® Suite of Assessments is a series of assessments designed to ensure employees of organizations have the skills, knowledge, and abilities needed to succeed in the workplace.

Measures and reports on *6 Behavioral* and Competencies

WorkFORCE® Assessment for Job Fit

assessment to identify qualified candidates whose behavioral skills fit those needed to succeed in a specific position, administered online.

WorkFORCE® Assessment for Career Development

assessment to identify behaviors your employees most need to enhance to succeed in the workplace and curriculum to help develop those behaviors, available online.

ETS

Initiative & Perseverance

Responsibility

Teamwork & Citizenship

Customer Service Orientation

Problem Solving & Ingenuity

Flexibility & Resilience

We work in partnership with a broad range of global organizations to help enhance their leaders' effectiveness to grow both their businesses' performance as well as their own leadership skills.
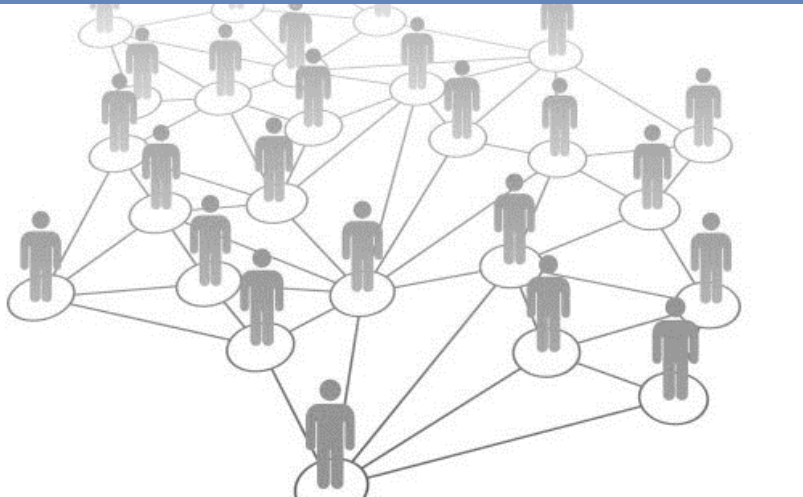
Executive Coaching

Executive Coaching

Our focus is on coaching and mentoring leaders to optimize their performance in strategic and commercial settings, unlocking their fullest potential and career fulfilment in the process, while helping them excel in achieving their business goals.

We often work with leaders entering on key transition points in their development and careers, including

- Supporting newly promoted leaders, to help them to succeed as intended in the new business role with a variety of strategic challenges

- Coaching a new senior external hire upon arrival at their new firm and new business culture and environment

- Couching senior executives who have been moved to a new leadership position abroad often in unfamiliar cultures

- Helping valued talent to be re-energized, better focused and more confident, with a renewed sense of mission

We are typically engaged for a 6-12 month period working closely with organizations and their leaders helping them develop positive relationships with new stakeholders and to build fruitful relationships with their peers. We assist clients with developing strategies for growing their businesses while also helping them firm establish and achieve their performance expectations

Leadership Development

Leadership development empowers you to take on the cross-functional responsibilities of corporate leadership. Its highly integrated approach broadens your understanding of core operations and best practices.
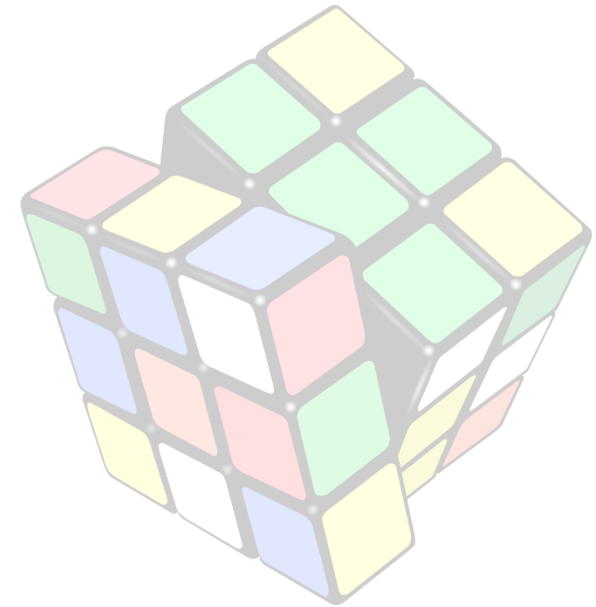
Meeting of the Minds Workshop

1-day customizable Emergenetics program designed to increase self-awareness and build more effective teams.

Benefits as an individual

- Insight into how they think and behave
- Understanding and knowledge of their colleagues
- Hands-on team-building exercises on communication, motivation, efficiency, and more.
- Brain science and research that ties learning into real, measurable scientific data

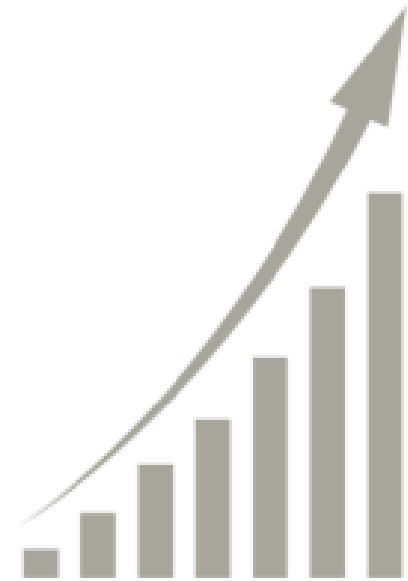### Benefits as an organization

- A foundation for working more effectively and productively.
- A new viewpoint to understand business challenges
- Communication strategies
- More creative teams
- Reduced conflict

ILM Qualifications

Institute of Leadership & Management training will improve managers' performance, increase their employability and enhance their careers.

Qualification Level	Management Level (Practicing Or Aspiring To Practice At This Level)
ILM Level 3	Junior manager First-line manager Supervisor
ILM Level 5	Middle manager
ILM Level 7	Senior manager Director of smaller organizations Senior leader CEO Director of large divisions

CMI Qualifications

Chartered Manager is the highest status that can be achieved in the management profession.

Awarded by the Chartered Management Institute (CMI) ,it is recognized throughout the public and private sectors and across all management disciplines.

Qualification Level	Management Level (Practicing Or Aspiring To Practice At This Level)
CIM Level 3	Junior manager First-line manager Supervisor
CIM Level 5	Middle manager
CIM Level 7	Senior manager Director of smaller organizations Senior leader CEO Director of large divisions

Contact

If you have any inquiries, please don't hesitate to contact us..

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